

### Aim of our policy:

- To let people know that at Haresfield we DO NOT accept bullying
- To tell people what bullying is and isn't

# STOP BULLYING



# Haresfield Anti-Bullying Policy

## What is bullying?

Bullying can be physical, verbal and emotional

**Physical Bullying** - people getting hurt, hitting, kicking & punching

**Verbal** - calling names

**Emotional** - ignoring people

It is **not just falling out** with friends, annoying or irritating people - **it is when it happens day after day.**

## How will we help the person being bullied and the person who is bullying?

- ◆ We will look after the person who is being bullied
- ◆ We will ask the bully why they are bullying and we will try to help them to see what they are doing is wrong

## What should you do if you are being bullied?

- ✓ Tell an adult, teacher or friend
- ✓ Don't keep it to yourself
- ✓ Phone Childline - 0800 1111



Trusting in God, together we live, learn and grow



**Cyberbullying is no joke!**

**Once you post, there is no way back,  
so think twice before you send.**